

# Pearl Rhodes Elementary School

## October 2017

<u>BREAKFAST INCLUDES:</u> MILK CEREAL & FRUIT <u>LUNCH INCLUDES</u> MILK & FRUIT	<u>DAILY ALTERNATES</u> PB&J	This institution is an equal opportunity provider	In the event of a delayed opening menu subject to change.	Breakfast \$1.85 Reduced \$.30 Lunch \$2.86 Reduced \$.40 Milk \$.60
10/2  Mozzarella sticks w/marinara sauce Garden salad	10/3  <i>Taco Tuesday</i> Beef, Cheese, salsa Lettuce, tomato, peppers Corn bean relish	10/4  <i>Brunch for Lunch</i> Pancakes Sausage, hash browns, Carrots	10/5  Chicken Nuggets Potato puffs Broccoli, peas	10/6  Hot dogs Baked beans Assorted chips Cucumbers
10/9  Columbus day No school	10/10  Chicken Burger Potato Puffs Garden salad	10/11  Spaghetti & Meatballs Broccoli Garlic Toast	10/12  Ham & Cheese Subs Carrot & Cucumber Assorted chips	10/13  Cheese Quesadilla Salsa, peppers Corn, bean relish
10/16 Grilled Cheese Tomato soup Cucumber coins Gold fish	10/17  Burgers Lettuce, Tomato Potato Puffs	10/18  Chicken Patty Mashed Potato's Maple Carrots	10/19  Cheese Pizza Garden salad <i>Ice Cream Day!!!</i>	10/20  Mac'n Cheese Peas, Broccoli
10/23 Chicken Nuggets Potato puffs Broccoli, Peas	10/24  <i>Taco Tuesday</i> Beef, Cheese, salsa Lettuce, tomato's, peppers Corn, bean relish	10/25  Hot dogs Baked beans Assorted chips Cucumbers	10/26  Mozzarella sticks w/marinara sauce Garden salad	10/27  <i>Brunch for Lunch</i> Pancakes Sausage Hash browns Carrots
10/30 Turkey Subs Carrot & Cucumber Assorted chips	10/31 Spaghetti & Meatballs Broccoli Garlic Toast			

The Pioneer Valley Regional School District does not discriminate on the basis of race, color, religion, national origin, age, sex, gender identity, sexual orientation, housing status, or disability in admission to, access to, employment in, or treatment in its programs and activities.

**BREAKFAST INCLUDES: MILK CEREAL & FRUIT**

**LUNCH INCLUDES: MILK & FRUIT**

**DAILY ALTERNATES: PB&J lunch or Salad Plate**

In the event of a delayed opening, the menu will be subject to change.

**MEAL PRICES: Breakfast \$1.85 Reduced \$.30, Lunch \$2.86 Reduced \$.40, Milk \$.60**