

# Pearl Rhodes Elementary Weekly News September 28, 2017



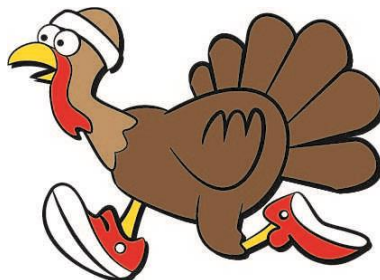
## News from P.E.

We have been very busy this year during PE class. We have played cooperative games, worked on teamwork activities, soccer skills and drills and soon to be we will be starting cross country running. During Cross Country we will learn about healthy habits, warming up, stretching, pacing, cooling down, healthy hearts, and teamwork! Each child will run or fast walk around the field each week. The goal will be to improve the number of laps he/she completes. Please help your child to remember to wear layers (hats, gloves, sweatshirt, jacket) as we will be outside for PE each week through Thanksgiving. If your child is able to bring an extra pair of shoes and/or socks on Tuesdays it will be helpful.

I have created a wish list for PE related materials. If you are able to donate please have your child bring donations to the office.

1. clean and clear 2 ltr. plastic bottles
2. liquid food color
3. knee-highs (women's nylons)
4. metal clothes hangers
5. clean plastic gallon milk jugs
6. "gorilla" tape-heavy duty

You will soon receive information about the very exciting event that will take place at Bernardston Elementary School on **Wednesday November 22<sup>nd</sup>**. We will be having a **TURKEY TROT** fun run! This will be the culminating activity to our cross country unit. I will be looking for parent/adult volunteers on the morning of the trot. Stay tuned for more information on this fun event!



Thank you, Sue Scott  
PE Teacher

## Upcoming Events

### October 4

PRES Open House,  
5:30PM



### October 9

Columbus Day,  
No School



### October 23

School Pictures

### October 27

No School, Teacher In-Service  
Day

### November 10

Veteran's Day, NO SCHOOL

### November 20

Picture Retakes

## PICTURES Rescheduled!

### Monday 10/23

Lifetouch order forms  
are available in the  
main office.



## Art Class Request

Mrs. W would like to make leaf print t-shirts with grades 3 – 6. If possible, please send in a white t-shirt with your child by September 29<sup>th</sup>. Any child that doesn't have a t-shirt can make a cloth wall hanging. Thank you, Mrs. W.

